

Scott County Schools

Wellness Policy

2017-2021 Triennial Assessment

Overview & Purpose

In accordance with the Final Rule of the Federal Healthy, Hunger Free Kids Act of 2010 and the Virginia Administrative Code: 8VAC20-740, **Scott County Schools** presents the 2021-2023 Triennial Assessment which includes the timeframe from **2017-2021**. The Triennial Assessment indicates updates on the progress and implementation of Scott County Schools' Wellness Policy and wellness initiatives, and provides required documentation of actions, steps, and information as outlined in the Final Rule. The school(s) included in this Triennial Assessment are: Dungannon Intermediate, Fort Blackmore Primary, Duffield Primary, Rye Cove Intermediate, Rye Cove High, Nickelsville Elementary, Twin Springs High, Shoemaker Elementary, Weber City Elementary, Yuma Elementary, Gate City High, Gate City Middle.

Wellness Policy

The Scott County Public Schools' Wellness Policy can be found at www.scottschools.com Scott County Public Schools updates or modifies the Wellness Policy as appropriate. The policy is made available to the public through the school division website listed within the school nutrition department.

School Wellness Committee

Scott County Public Schools established a Wellness Policy leadership of one or more school officials who has the authority and responsibility to ensure each school complies with the Wellness Policy. The Wellness Policy committee meets at least annually for periodic review and update of the Wellness Policy. The general public and the school community are allowed and encouraged to participate in the Wellness Policy process. This may include parents, students, and representatives of the School Food Authority, teachers, school health professionals, and the School Board and school administrators. Scott County Public School's is focused on including stakeholders outside of the school division to be active members of the School Health Advisory Board or School Wellness Committees. Community stakeholders are encouraged to participate in these meetings. For any person who wishes to participate can contact the following members:

Jennifer Frazier, Supervisor of Secondary Education & School Nutrition at (276) 386-6118 ext. 10125

Tiffany Howard, School Nurse Supervisor, at 276-386-6515 ext. 17

Wellness Policy Compliance

Scott County Public Schools must conduct an assessment of the Wellness Policy every three years, at a minimum. The final rule requires State Agencies to assess compliance with the Wellness Policy requirements as a part of the general areas of the Administrative Review every three years.

Using the VDOE School Level Report Card tool for guidance and development of the Wellness Policy, Scott County Public Schools has a continued responsibility to revise the Wellness Policy to better improve local practices regarding school nutrition and physical and mental health.

Use the charts below to assess whether requirements are being met. Indicate that requirements are met by adding a checkmark to the “Met” column. If requirements are not met at all schools, indicate which schools are out of compliance in the “Not Met” column.

Standards and Nutrition Guidelines for all Foods and Beverages Sold
(Question IV on VDOE School Level Report Card)

Standard/Guideline	Met	Not Met
We follow federal school meal nutrition standards for all foods and beverages available for sale on campus during the school day.	X	
We have implemented Smart Snacks nutrition standards for ALL items sold during school hours, including: a la carte offerings, items in school stores, and items in vending machines.	X	
We follow Scott County Public Schools’ policy on exempt fundraisers as outlined in our Division’s Wellness Policy. <i>This language may be replaced with the requirements stated in your Wellness Policy, not to exceed 30 exempt school-sponsored fundraisers per school year.</i>	X	

Standards and Nutrition Guidelines for all Foods and Beverages Sold
(Question V on VDOE School Level Report Card)

Standard/Guideline	Met	Not Met
We follow Scott County Public Schools’ policy on standards for all foods and beverages provided, but not sold, as outlined in our Division’s Wellness Policy.	X	

Policy for Food and Beverage Marketing
(Question VI on VDOE School Level Report Card)

Standard/Guideline	Met	Not Met
All food and beverage marketing meets Smart Snacks standards.	X	

Description of Public Involvement

Standard/Guideline	Met	Not Met
Scott County Public Schools permits participation by the general public and the school community in the Wellness Policy process. This includes parents, students, and representatives of the School Food Authority, teachers of physical education, school health professionals, the School Board, and school administrators.	X	

Description of Public Updates

Standard/Guideline	Met	Not Met
The Wellness Policy is made available to the public on an annual basis, at minimum. This includes any updates to and about the Wellness Policy.	X	
The Triennial Assessment, including progress toward meeting the goals of the policy, will be made available to the public on or before June 30, 2020.	X	

Description of Policy Leadership

Standard/Guideline	Met	Not Met
Scott County Public Schools established a Wellness Policy leadership of one or more LEA's and/or school official(s) who have the authority and responsibility to ensure each school complies with the policy.	X	

Description of Evaluation Plan

Standard/Guideline	Met	Not Met
The District wellness policy shall be updated as needed based on evaluation results, District changes, emersion of new health science information/technology, and/or new federal or state guidance are issued.	X	

Quality of Wellness Policy

Thoroughly reviewed by USDA Food and Nutrition Service, the Alliance for a Healthier Generation's model policy template is in compliance with the requirements set forth in the final rule.

Thoroughly reviewed by USDA Food and Nutrition Service, the Alliance for a Healthier Generation's model policy template is following the requirements set forth in the final rule.

Scott County Public Schools Wellness Policy was revised in 2020. The current policy is in review to meet the current model policy template.

Progress towards Goals

Scott County Public School's Wellness Committee is active in setting goals to improve the current practices in place. Scott County Public Schools developed 5-2-10 though the VA foundation of Healthy Youth. Newsletters were sent home with informative ways to have a healthy lifestyle. The program helped us see

what steps we are already taking to promote healthy lifestyles in our staff and students, as well as areas for improvement. Attached is a sample newsletter sent home to our Scott County families.

Progress towards Nutrition Promotion and Education Goals
(Question I on VDOE School Level Report Card)

Description	Met	Not Met
The entire school environment, just the classroom shall be aligned with healthy school goals to positively influence a student's understanding, beliefs, and habits as they relate to good nutrition and regular physical exercise	X	

Progress towards Physical Activity Goals
(Question II on VDOE School Level Report Card)

Description	Met	Not Met
Students are given opportunities for physical activity through a range of before-and/or after-school programs including, but not limited to, intramurals, interscholastic athletics, physical activity clubs, and other after school programs.	X	

(Question III on VDOE School Level Report Card)

Description	Met	Not Met
Schools are enrolled as Team Nutrition Schools, and they conduct nutrition education activities and promotions that involve parents, students, and the community.	X	
Nutrition education instructional activities shall stress the appealing aspects of healthy eating and be participatory, developmentally appropriate, and enjoyable. The program shall engage families as partners in their children's education.		